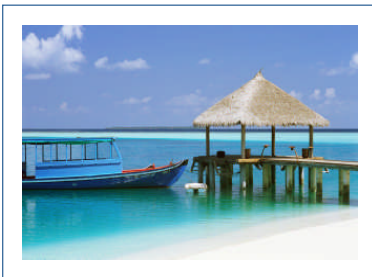




People, Passion, Performance

August 2008

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Gone Fishing!

The Holiday Issue

Reflection ... taking time or making time?

Each month, for the past eight months, we have focused on one of the eight Tools of Reflection. The purpose of all these tools is to create time to reflect: to break out of the action-reaction cycle.

It is only when we break free, when we create a space for reflection - however brief - that we can go beyond our conditioning, our knee-jerk reactions and *do* something different. And when we do something different we *get* something different. A new opportunity. A new response. A new perspective. A new experience.

When I was looking for an inspirational story on the value of holidays, I could not find one. That says a lot! Although the value of taking time out for a holiday is accepted, it appears that it is not yet considered as 'inspirational story' material.

The same could be said for the value of taking a moment out - even a brief moment can bring inspiration. It can bring a new insight to an entangled situation, to an entrenched challenge, or to an overwhelming encounter.

We hope that one of the Eight Tools of Reflection will give you a technique to create that mini-moment for yourself.

> For back issues of the newsletter [click here](#) <

Share your wisdom: Life's Letters

Through the very act of living our lives, we have gained wisdom and understanding. We know things that others do not know. But most of the time, we do not know how wise we are!

What would you share, if you had to write a letter to a young child you know, to be opened when they turned 18? What would you want this young adult to know? What wisdom and experience could you reveal that would help them navigate through life with greater ease? What do you wish you had known when you were 18?

We are inviting all our readers to contribute to small collection: *Life's Letters*. It is a compendium of letters from our readers to the children they love, sharing their life's wisdom.

The closing date for the letters is August 31st 2008. Please email your letter to Jennifer: jennifer.hurley@lamontassociates.com

INSIDE THIS ISSUE

- 1** The Holiday Issue
Share your wisdom
- 2** L.A. Down Under
Story: The Little Wave
Other sites to visit



*Even a brief moment out can
change the way we respond*

*"If you can
imagine it, you
can achieve it.
If you can
dream it, you
can become it"*

W.A. Ward

Lamont Associates Down Under

This month, Georgeanne will be in New Zealand. She has been invited as a Key Note Speaker at the [Human Resources Institute of New Zealand Annual Conference](#). She will also be delivering some one-day training workshops

If you'd like a copy of her keynote address, *Sustainable Work: Transforming Human Resources in the 21st Century*, [click here](#).

If you have any comments on HR in the 21st Century, we'd love to hear from you. Email jennifer.hurley@lamontassociates.com

Story – The little wave

This story is about a little wave, bobbing along in the ocean, having a grand old time. He's enjoying the wind and the fresh air - until he notices the other waves in front of him, crashing against the shore.

"My God, this is terrible", the wave says. "Look what's going to happen to me!"

Then along comes another wave. It sees the first wave, looking grim, and it says to him: "Why do you look so sad?"

The first wave says: "You don't understand! We're all going to crash! All of us waves are going to be nothing! Isn't it terrible?"

The second wave says: "No, you don't understand. You're not a wave, you're part of the ocean."

Tuesdays With Morrie, Mitch Albom

[Web Source](#)

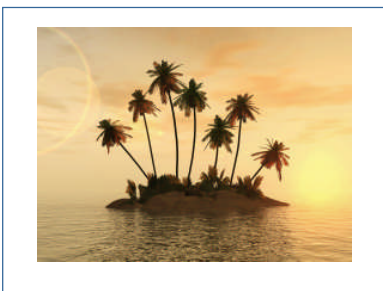
Other sites you may be interested in...

[ReSource Magazine](#) provides a regular 64 pages packed with a wide range of new, stimulating and inspiring material, offering an unbiased view of the personal growth and development field.

www.resourcemagazine.co.uk

[Woe to Go](#) helps you create self-sustaining teams so that, no matter who joins or leaves, the business results will not be adversely affected. They aim to help business owners free up their time by a minimum of 30%, so they can work on their business, not in it.

www.woetogo.com



Another great site!